

SHANTI

SOUND HEALING + YOGA

SHANTI SOUND BATH

Sound healing techniques use sound, vibration and intention to gently transition a person from his or her normal waking state of consciousness (beta) to a highly relaxed state of consciousness (alpha/theta). In this relaxed state, a person's own innate healing abilities are able to work more effectively to bring the person back into optimal vibrational alignment that enhances overall health and well-being.

We (Shanti Sound Healing + Yoga LLC) are not a licensed health professional. As such, we will not diagnose, prescribe substances, perform medical treatment, or interfere with the treatment of a qualified physician or other licensed medical professional. The services we offer are considered complementary to traditional western medical practices. Some sessions may be done with a yoga hammock.

Please note that part of the session involves the placement of vibrating objects near or on the body of which some give off very high or very low-pitched sounds. If you have reason to believe that these objects and the sounds they make may cause discomfort, pain, or injury, please advise before the session begins. I also understand that the practitioner may place her hands on my body for support or healing in addition to the bowls (e.g. third eye, shoulders, feet, back, etc.).

I have read and understand the above disclosure. My signature further acknowledges that I shall not now or at any time in the future bring any legal action against Christina Felty/Shanti Sound Healing + Yoga/it's volunteers/employees & affiliates/associated studio space in case of personal injury and damage. I hereby release the listed businesses & organizations from any and all liability, negligence or other claims arising from or in any way connected with my participation.

My signature is binding to this liability waiver from this day forth.

Print Name

Signature

Date

How did you hear about us?

FaceBook

Poster

Postcard

Instagram

Friend

Email